When you want a message to stick, introduce it through a story people will remember.

When you want to introduce a change, pitch it in the context of your team's story together.

When you want to humanize someone, get to know their story.

When you want to inspire people to do something hard, tell the story of why it matters.

To understand what cognitive diversity someone can bring to your team, have them share their story.

(And share your own story to help them be comfortable doing so.)

If you want to build trust with those that follow you, tell stories that illustrate your principles.

Paint your vision of the future as a story, not a list of features or accomplishments.

Bonus Storytelling Heuristic:

When you don't want people to make up a story, tell them what the real story is.